

Three Things to Take Away

From Presentation entitled:

Prosthetic Cognition and Other Assistive Technology for Workers with Cognitive Disabilities

Breakout session for Oregon Vocational Rehabilitation Statewide In-Service Training Conference:

Looking Ahead: Strategies for Better Outcomes

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Three Things ***to take away with you today!***

1. The Four Parts of the Cognitive Loop

The successful IPE will support the Worker's need to navigate the workplace "mine field" such that they are able to manage **all four parts of cognition:**

- ***CAPTURE*** Information
- ***STORE*** Information
- ***RETRIEVE*** Information
- ***USE*** Information



2. The Five Parts of a good Plan

The successful IPE will give consumers the **S.T.E.A.M.** they need to be successful – ***in this order!***

S TRATEGIES

T ECHNOLOGY

E DUCATION

A CCOMMODATIONS

M ATCH (GOOD JOB MATCH)



3. Know your consumer's CHALLENGES

CHALLENGES Checklist

Consumer: _____ Date: _____ VR Counselor: _____

The purpose of this questionnaire is to identify current work-place challenges and stressors. Please answer the following questions to the best of your ability.

How often . . .

	Never	Seldom	Often	Depends	Comments
Do my memory problems interfere with getting things done on time?					
Do I feel that things take me longer to do than they "should"?					
Do I get distracted to the point where it interferes with getting things done?					
Do I have difficulty knowing (remembering) what people have said to me?					
Do I repeat myself because I don't remember what I have said to someone?					
Do I have difficulty staying organized or setting priorities?					
Do I have difficulty finding my notes or TO DO lists?					
Do I have difficulty estimating or managing time?					
Do I have difficulty keeping track of appointments?					
Do I have difficulty managing troubling feelings?					
Do I have feelings of being overwhelmed?					
Do I have difficulty finding documents or other information I need?					
Do I have difficulty getting ready for appointments or activities on-time?					
Do I have difficulty tracking completed tasks and what still needs to be done?					
Do I have difficulty executing multi-step tasks?					
Do I have difficulty knowing what strategies to use?					
Do I feel that I can never write enough notes fast enough?					
Do I worry about things I may have forgotten about?					
Do I feel stress regarding my cognitive challenges?					
Do I feel like cognitive struggles are sapping me of all my energy?					
Do I sense that my interpersonal or social skills are lacking?					
Do I interrupt others in order to get a though out (that I worry about forgetting)?					
Do I struggle with making decisions, solving problems or having good judgment?					
Do I struggle with getting ready for work or appointments (compared to pre-injury)?					
Do I fear that my cognitive disability will leave me unemployed or under-employed?					
Challenge not listed:					
Challenge not listed:					

To obtain master for duplication:

<http://blog.askkathym.com/wp-content/uploads/2014/07/Challenges-Checklist-for-Worker-with-Cognitive-Disability-STEP-1-of-Screening-Process.pdf>

Dark Ages no more...

When faced with the challenge that our various cognitive inconveniences present to us, regaining function is no longer a mystery...



*“It’s time to celebrate the fact that we’ve started to crack the code... **it’s all about closing gaps in the Cognitive Loop with smart prosthetic cognition.”***

*Kathy Moeller
Spring 1998*



Thank you for your time.



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A handwritten signature in blue ink that reads "Kathy M." on a white rectangular background.

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